

Travel Checklist

Here's what you may need to pack when going away

Essentials Clothes & Items	
✓ Amount Item description	✓ Amount Item description
Passport	Underwear
Tickets	Bottoms
Phone	Tops
Local Currency	Socks
Power Outlet	Shoes
Chargers	Hat/Cap
Keys	Sunglasses
Wallet	Sunscreen
Water bottle	Bath towel
O	Deodorant
	Toothbrush
	Toothpaste
	Perfume
	O





Healthcare Products

Amount	Item description	
	Urinary Catheters in Carry-on bag	
	Urinary Catheters in Check-in bag	
	Rectal Catheters/Cones in Carry-on bag	
	Rectal Catheters/Cones in Check-in bag	
	Irrigation equipment in hand luggage or checked in	
	Wet wipes	
	Disposal bags	
	Printed Wellspect Travel Certificate	
	Medication	
Tips!		
Bring kit catheter products for cathing on the go!		
! Tips!		
Personalize your luggage so it's easy to identify and make sure all your bags have address tags.		
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	Tips! Bring kit co	

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Remember that you can bring an extra 5 kg of medical equipment - check with your airline company or Special Assistance for details at least 48 hours in advance.