Right from the start

Intermittent catheterization for women.
Easy for beginners. Great for long-term use.
Get it right from the start

A good start to catheterization is vital for many reasons. Your bladder function affects your well-being, not only in the beginning but in the long-run too. Therefore, the choice of catheter matters, as does the knowledge and support along the road.

Within time, self catheterization will be a natural part of your daily life. Self catheterization closely mimics the natural way and puts you in control.

Working with catheters for over 30 years, where we have met thousands of users, we are confident in our cause. LoFric© Sense™ was developed with the help of healthcare professionals and hundreds of women practicing self catheterization. It is designed to address both your medical and lifestyle needs. It should be easy to carry and use anywhere – without ever making concessions to health and safety.

98% of prescribers will keep prescribing LoFric Sense. ¹

82% of users want to continue with LoFric Sense. ¹

1. Market research, 360 respondents, Wellspect HealthCare. 2010
Easy for beginners
LoFric Sense – discretion and convenience by design.

The outside
Discreet design
Package doubles as disposable pouch.

Fits in a pocket or a purse
Making it easy to bring along.

Instant activation – always fresh
All it takes is a gentle squeeze to activate the catheter for use.

Adhesive tab for reliable hanging
For reliable attachment to any dry and clean surface.

The inside
Hygienic and easy to handle
Sterile handle for better control and non-touch technique, minimizing the risk of infection.

Comfortable and safe during insertion and withdrawal
The patented Urotonic™ Surface Technology (UST) ensures that the catheter remains smooth, comfortable and safe both at insertion and withdrawal.

Optimal tube length
To ensure complete bladder emptying and avoid residual urine and thereby infections.

1. Market research, 360 respondents, Wellpect HealthCare, 2010
The Sense mirror

We know that besides a catheter that is safe, discreet and easy to handle, good support is the key to a good start in CIC.

As a new female user, you have one major challenge when starting catheterizing – to find the urethra. Our Sense Mirror might be the help needed for a good start.

1. Clean the mirror with water and mild detergent before catheterization. Dry thoroughly.
2. Place the mirror on your thigh.
3. Adjust the mirror for the best visibility.

The mirror comes with a discreet bag for easy storage.

Hygienic to use:
4.7 out of 5 Healthcare professionals rating on LoFric Sense.

Easy to handle:
4.6 out of 5 Healthcare professionals rating on LoFric Sense.
Great for long-term use

We believe urethral health and staying free from infections is crucial for a good life, therefore LoFric catheters are designed to maintain good urethral health in the long run.

To think long-term is important. Complications like urethral trauma, strictures and urinary tract infections (UTI) might not be noticeable from the very beginning. For a long-term urethral health, make sure to choose the right catheter – right from the start.

LoFric reduces the risk of both pain and damage...

LoFric catheters are coated with our unique Urotonic™ Surface Technology, which means that LoFric’s surface has the same properties as your urethra – the salt concentration is the same as in urine. This ensures that the catheter remains smooth, comfortable and safe, both during insertion and withdrawal.

...and it is scientifically proven

LoFric are the only catheters proven in multiple studies to be safe for long-term use.

- 0% trauma after 5–9 years with LoFric.¹
- 64% lower expected risks of UTIs.³
- 10–20 times lower expected risk of strictures.²
- 43% lower expected risk of hematuria.³

¹ 7 years follow up of 30 LoFric patients. Waller et al. J Urol 1995;153:345-8
STOP UTI – the app

At AppStore and GooglePlay you can download our app for preventing urinary tract infections. The app is free to download and it is made by Wellspect HealthCare in cooperation with European Association of Urology Nurses, EAUN.

We support you

Do you want to learn more? We have gathered our knowledge and shared stories and insights from our users at wellspect.com. We would also love to hear from you! Please email any input or queries you might have to info@wellspect.com
Wellspect HealthCare, the name behind LoFric® and Navina™ Systems, is a leading global provider of innovative continence care solutions. We passionately strive to make a real difference every day to everyone who needs our products and services. That is why every solution bearing the Wellspect HealthCare name carries with it the trust and dependability built on more than 30 years of life-improving performance. As part of our ongoing commitment to minimizing environmental impact, our production in Sweden is powered using “green” energy. For more information, please visit wellspect.com.